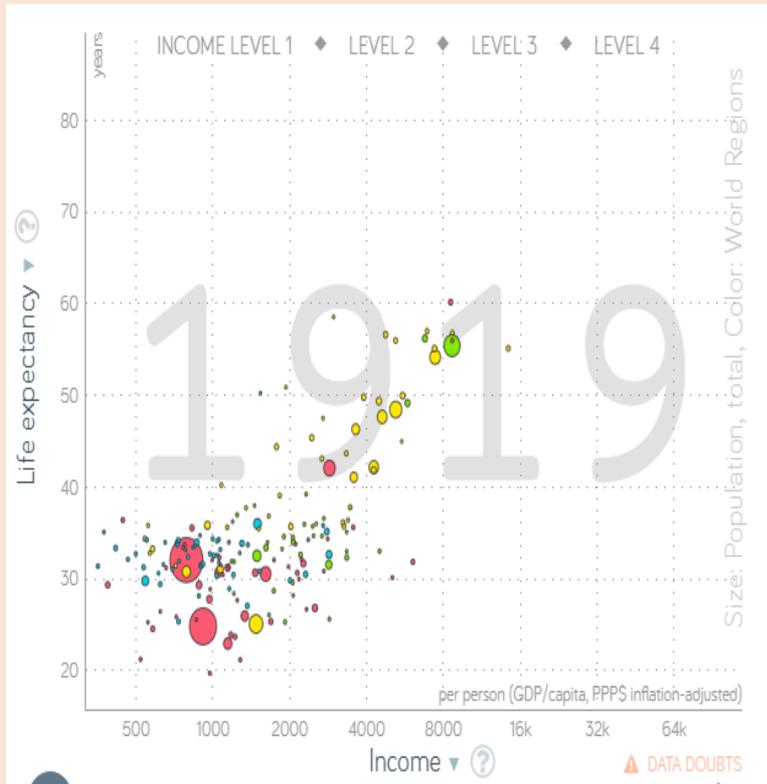


Life Post Covid-19: What does the new normal look like?

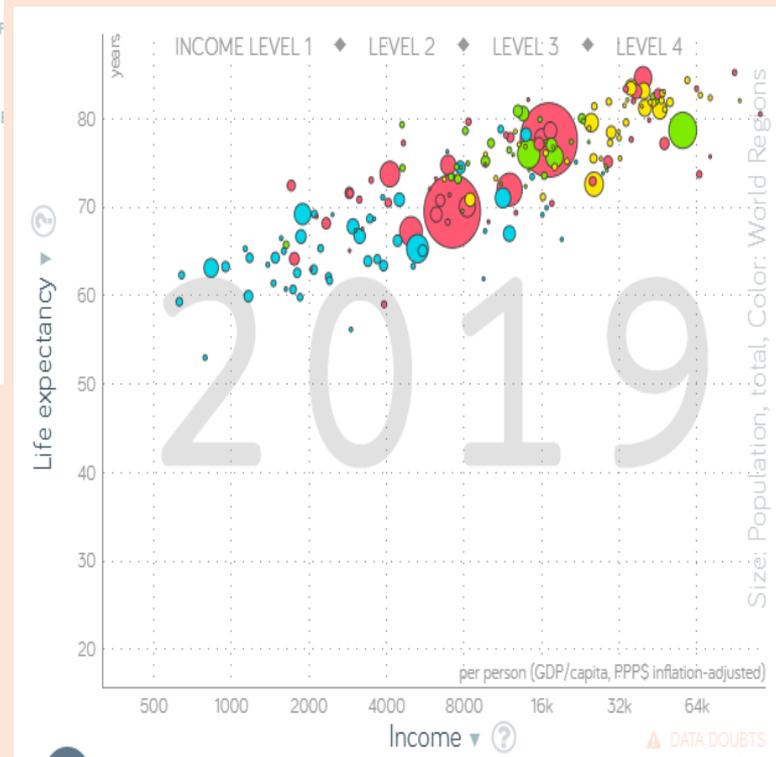
Tikki Pangestu

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National University of Singapore



Human well-being and security has improved dramatically in the last 100 years



Globalization
Improved public health
Economic development





Life changes fast. Life changes in
the instant. You sit down to dinner
and life as you know it ends.

Joan Didion

Two Questions for Today

- 1. What changes can we expect** in the way we live, work, learn and play and how does this result in the **'new normal'** of life in the post Covid-19 era?
- 2. What is needed** to deal with the changes so we can live with the **'new normal'**?

Changes which characterise the new normal-A public health perspective

1. **Virus is here to stay, learn to live with it** to preserve public health (good hygiene, safe distancing, masks, work from home, home-based learning, zoning, etc.).
2. **No one size fits all**-each country will define its own 'new normal' (context, capacities, priorities, resources). Can lead to unevenness of *response-'if you do the right thing& implement the right public health measures but your neighbour doesn't, you're going to be affected'*
3. **No free lunch**: hard work, many difficulties ahead to protect public health-sacrifices, trade-offs, restrictions necessary. Policy makers will face many tough decisions.
4. Increase in mental health & psychological problems post-lockdowns
5. **Risks?** (1) Potential to increase disparities and inequalities-need to protect the vulnerable and disadvantaged; (2) Move towards myopic, isolationist, selfish and 'me first' policies; (3) Continued denial of the value of science & evidence in decision-making

Two Questions for Today

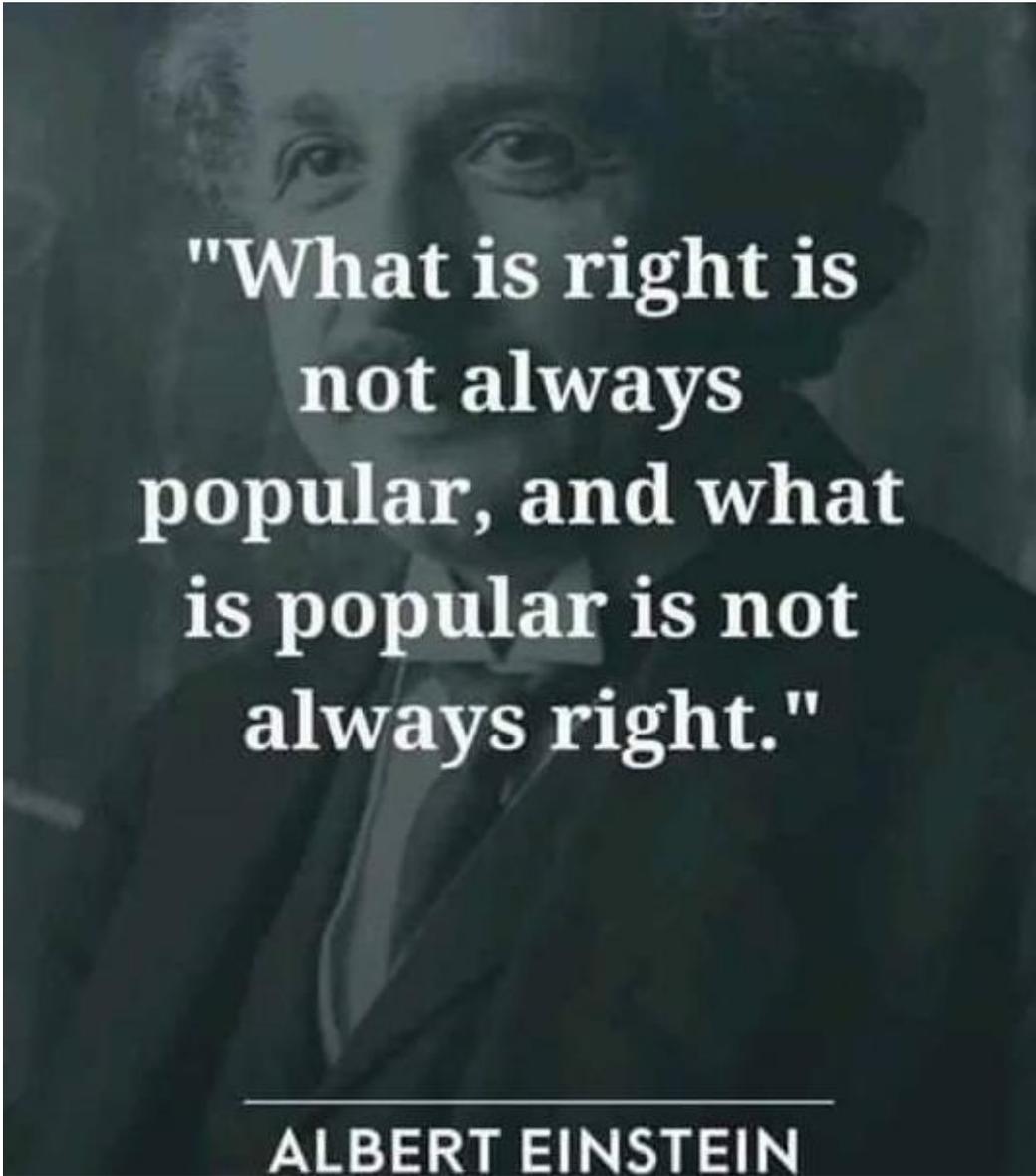
1. What changes can we expect in the way we live, work, learn and play and how does this result in the 'new normal' of life in the post Covid-19 era?
2. **What is needed** to deal with the changes so we can live with the 'new normal'?

**SPEED OF REACTION &
ANTICIPATION** CRITICAL TO
CONTROLLING & MANAGING
EPIDEMICS



What is needed? (1)

- **Political will** & commitment to implement rational public health policies
- Effective and inclusive **good governance**-, evidence-based but flexible, **unity** in purpose at all levels, and free from political interference
- Socially aware & responsible **populations** which places the health of the community before the health of self
- Robust, resilient, sustainable and **responsive** health systems ready to rapidly detect, react, anticipate and fight 'fires' & able to deal not only with pandemics but **other public health problems** facing the population



**"What is right is
not always
popular, and what
is popular is not
always right."**

ALBERT EINSTEIN

NEWS, HEALTH, VIRAL, CORONAVIRUS

WHAT PSBB? LARGE CROWDS POUR INTO MALLS AND MARKETS AS INDONESIA PREPARES FOR EID

By Coconuts Jakarta May 19, 2020 | 3:59pm Jakarta time

✉ EMAIL THIS STORY



With Eid al-Fitr coming this Sunday, the Large-Scale Social Restrictions (PSBB) protocol currently in place in regions across the country seem powerless to stop Indonesians from shopping for new clothes and food to celebrate the end of Ramadan, as seen in the videos taken at Anyar Market in Bogor, West Java (L) and CBD Mall Ciledug in Tangerang City (R) over the weekend. Screenshots from Twitter/[@hendi_setiadi](#) and Instagram/[@ciledug24jam](#)

CORONAVIRUS

Indonesia deals with dueling outbreaks as dengue cases spike

Rise in 'breakbone fever' adds stress to shaky infrastructure battling COVID-19



A woman with her baby at a hospital in Jakarta. Health care facilities in Indonesia are being forced to juggle a rise in dengue cases with the coronavirus outbreak. © AP

SHOTARO TANI and ISMI DAMAYANTI, Nikkei staff writers

May 6, 2020 14:43 JST

HEALTH

WHO warns millions of children at risk as Covid-19 pandemic disrupts routine vaccinations

By ANDREW JOSEPH @DrewQJoseph / MAY 22, 2020



A Somali baby is given a polio vaccination at a medical clinic in Mogadishu. The WHO is warning that millions of children are at risk as the Covid-19 pandemic disrupts routine vaccinations.

CARL DE SOUZA/AFP/GETTY IMAGES

Some 80 million babies around the world are at higher risk of diseases like diphtheria, measles, and polio as the coronavirus pandemic hinders routine vaccination programs, global health officials warned Friday.

What is needed? (2)

- Capacity not to forget lessons learnt, and the willingness to enforce needed measures & laws
- Realism-science and evidence must still be the main drivers of policy but acknowledging that other factors play a role
- More solidarity and collective action and less politically-driven 'blame games'
- Multi-sectoral partnerships between all key actors (government, citizens, corporations, international organizations) at all levels (global, national, local) crucial to prepare and rebuild institutions

Coronavirus: Bats for sale at Indonesia's wildlife market despite calls to remove them



A vendor selling bats at the Tomohon Extreme Meat market on Sulawesi island in Indonesia on Feb 8, 2020. PHOTO: AFP

PUBLISHED FEB 12, 2020, 7:00 PM SGT



TOMOHON (AFP) - Bats, rats and snakes are still being sold at an Indonesian market known for its wildlife offerings, despite a government request to take them off the menu over fears of a link to the deadly coronavirus.

Wet markets selling wildlife – birds, monkeys, bats and more – go quiet in Indonesia amid coronavirus pandemic

- Across Indonesia, markets selling all manner of wildlife usually draw crowds of tourists and locals, but footfall has plunged as coronavirus infections rise
- Authorities have taken steps to curb the wild animal trade, and an activist says social distancing and fear of eating bush meat may be keeping customers away



Ainar Rohmah

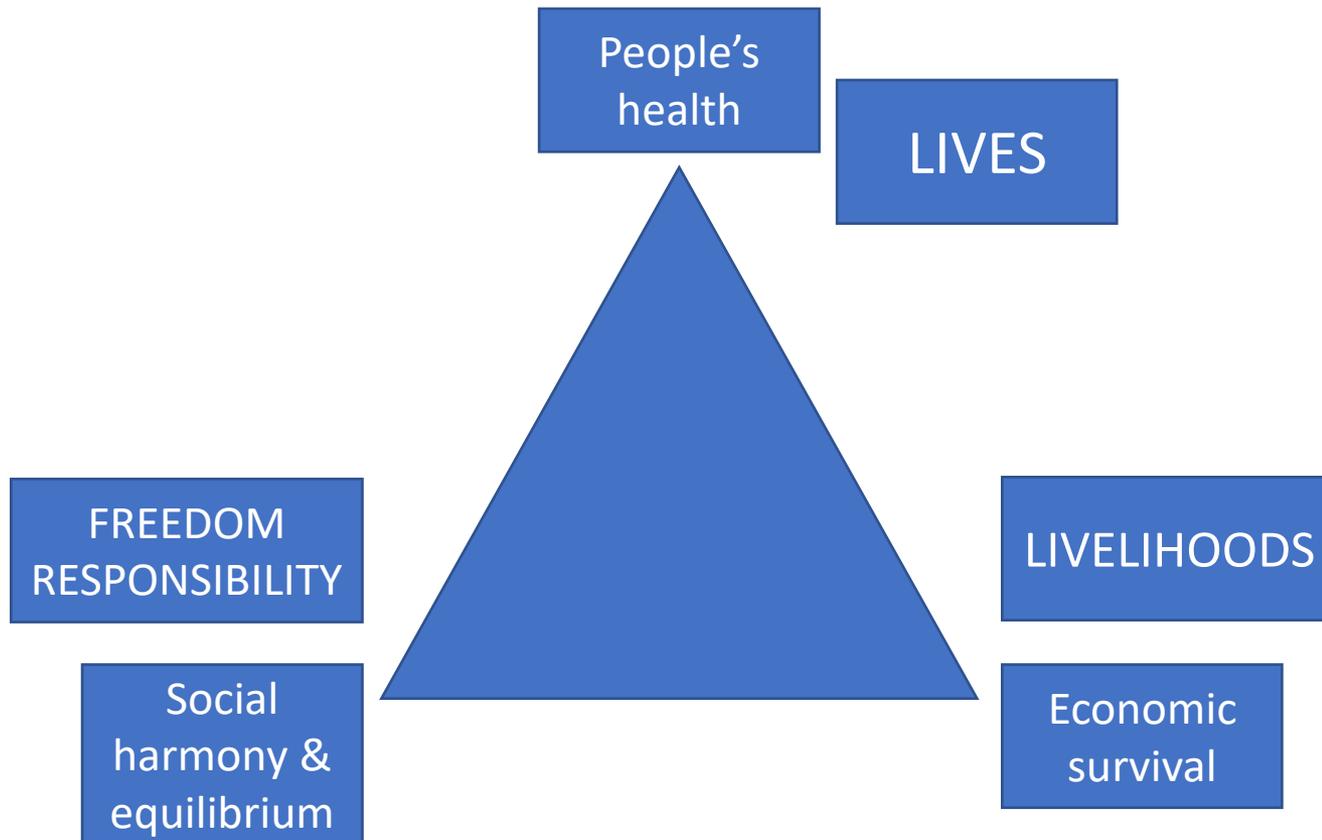
Published: 8:15am, 14 Apr, 2020

[Why you can trust SCMP](#)



CONCLUSIONS

The 'new normal'



“We need a ‘tripod’ of quality healthcare, good standard of governance and social capital as foundations for effectively dealing with the pandemic”



Dr Vivian Balakrishnan,
Minister of Foreign Affairs,
Singapore



Warren Buffet on 'what's next?'

**“Predicting rain doesn't count,
building an ark does...”**



Thank you!
Terima kasih!